

ANNUAL REPORT

2022/2023

**GET FIT - PLAY - SWIM - HAVE FUN -
THRIVE - CONNECT - LEARN**



**SYLVAN ADAMS
YM-YWHA**
CCJ BEN WEIDER JCC
HARRY BRONFMAN YCC



5400 Westbury, Montréal, QC, H3W 2W8

Message from our Board Chair and CEO

The last twelve months have been a rollercoaster of emotions. This year, we welcomed new members, launched novel programs, and held many successful community fundraising events. Everything we did, we did with a little more oomph.

We are grateful to you, our members and supporters. We are thankful for the professionals and staff teams that ensure our Sylvan Adams YM-YWHA remains open to all.

We appreciate the many volunteers who show up time, and time again, with devotion and enthusiasm. Thank you for helping us thrive!

The energy in our spaces -- both at the Ben Weider JCC and the Harry Bronfman YCC -- has been incredible. Smiles can be seen throughout, and we are proud to be Montreal's Jewish community centre.

It goes without saying that the events on and since October 7th, 2023 have deeply affected our community, our organization, and the way we deliver our services. We pray that true peace will come to the Middle East, and that here at home, our Jewish and Canadian spirit of hope and tolerance will prevail.

Going forward, we are excited to develop more partnerships and strengthening the relationships that are so important to us.

Thank you, Merci, Todah.

Rob Fainer
Board Chair

Jeff Bicher
Chief Executive Officer



“The Sylvan Adams YM-YWHA is more than just a building; it is a hub of community, a place of connection, and a source of inspiration for all who enter its doors.”

WELCOMING, ENGAGING, COLLABORATIVE AND FUN!

The Sylvan Adams YM-YWHA believes in opening the doors to health and wellness for all. That everyone deserves to be healthy in spirit, mind and body. We believe that every person who wants to be a part of the Y community should have that opportunity. We want to ensure that people of all abilities and financial circumstances are able to participate in the Y's full range of programming.

Mission

To provide a welcoming, engaging, and inclusive Jewish environment, where all members of the community can participate in social, athletic, and hands-on learning activities. We encourage physical health, Jewish culture, and Jewish identity. On our campuses, people can connect with each other, and build a sense of community.



EVERYONE BELONGS

at the



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A Year in Review

"One of the highest quality gyms I've been to in North America. Great staff, wonderful facilities and equipment. I feel at home !"

Over
11,750 
visitors per month to
the Y Fitness Facility

Membership
increased by
37% 

A total of 
376
individual members
were supported by
financial assistance

657
sports and leagues
registrations with over
3000 
drop ins

Over
8900 
Pickleball games
played at the Y

Maccabi Montreal
brought home
8 
medals from the
JCC Maccabi Games
in San Diego

50 
fitness classes
offered per week

Over
100 
volunteers

700 
participants in our
youth programs &
800 
in aquatics



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A Year in Review

"My daughter brought her friends along to the tween events, and they all had a blast...she's made such strong friendships...she's happy to go whether or not she's bringing friends with her. She knows that she has new friends who will be there."

38%

of ParentsConnect participants developed lasting friendships with other participants



Over

250

families attended our Tween Programs with

935

registrations

85



people participated in the first annual Y Memorun

142



parents and babies participated in ParentsConnect activities

\$7,981,318



in funding allocated from the Canadian government's Green and Inclusive Community Building Retrofit program. This funding will help create a more energy efficient, sustainable Y! The total cost of the intended upgrades is close to \$10 million, of which the grant will cover 80%.



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Google Reviews



"This is the place. As a swimmer there's only a few gyms that have a pool included."



"Since childhood I went to [the] JCC and it's like my second home in Montreal...The fitness facility is amazing."



"Great place welcoming people of all ages and fitness levels. Always friendly and helpful staff..."



"Since the renovations the gym is great. The staff is kind and helpful. Beautiful sport complex / gym."



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A Year in Review

Every season brings new opportunities for youth to thrive, learn,
and explore at camp!



Over
19,250 
cookies were baked
and enjoyed at YCC

YCC raised
\$140 443 
with the Jewish
Camps Day of Giving

96 
campers attended
Y City Camp

30 
campers benefitted from
\$87,261
in financial assistance

YCC in the City was a
HUGE success with over
110 
participants

"My daughter has been attending the Y City Camp winter program and has been having an amazing time. She loves the variety of activities...Most importantly, she loves the staff who have been fun and engaging. We are so happy that we chose to sign her up."



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A Year in Review

"On behalf of our clients, we do want to thank the Y for this generous welcome gift [of memberships for new immigrants] . We have received so [much] positive feedback about the community centre and the overall facilities. Our main objective is to try to integrate them into the Jewish community and with partners like the Y we are definitely reaching our goal." - Ometz Case Worker

Over

\$89,000

in financial assistance
given out to

208

families



Over

130



participants in our
Inclusion Programs

"I wanted to compliment your staff and the programming that my son has been participating in over the last few months. We moved to Montreal in the summer and we have been really impressed with the support of the Y's inclusion program in support of our Neuro-diverse son...the Y was able to make accommodations necessary to support his needs.

I sincerely want to thank you and your staff for their support. I am grateful to have found the Y inclusion program/services early on in our Montreal move."



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Annual Campaigns

Y Golf - August 8, 2022

The *Y Golf tournament* was a huge success! It took place at Hillsdale Golf & Country Club in Mirabel, Quebec. 144 golfers participated and helped raise \$242,765 in support of the Y's initiative to opening the doors to health and wellness for all.



Ian Karper Y Raffle - Nov 23 2022

The Y Raffle in memory of Ian Karper^{2nd} continues to be a fundraising favorite at the Y. 3 Co-Chairs with 24 Canvassers sold 707 tickets to 422 donors and raised \$140,549. The raffle play a critical role in ensuring that our Y is open to all, regardless of financial circumstances.



Hockey de Rue - May 28, 2023

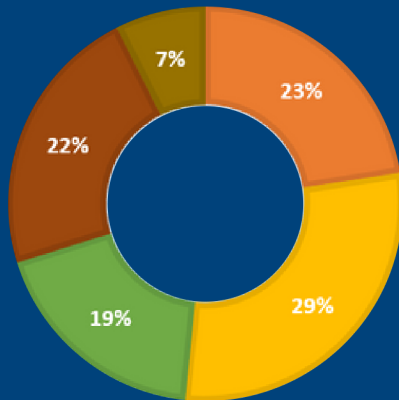
In Hockey de Rue's final season, Habs alumni organized a youth street hockey clinic to boost kids' skills and self-esteem. The VIP Brunch that followed raised nearly \$100,000, pushing Hockey de Rue's total fundraising to over \$2.7 million since 2012.



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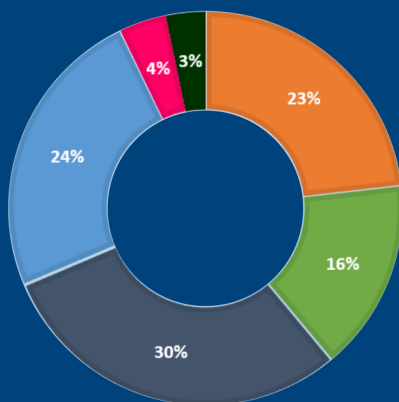
Finances

Revenue - Year ended May 31, 2023



Revenue	Amount
Direct Programs	\$1 797 591
Contributions	\$2 320 680
Rentals and other revenues	\$1 789 723
Membership	\$1 479 273
Federation CJA Allocation	\$589 523
Total Revenue	\$7 976 790

Expense - Year Ending May 31, 2023



Expense	Amount
Direct Programs	\$1 940 097
Administrative	\$2 484 651
Maintenance	\$2 027 878
Fundraising	\$327 070
Financial	\$272 104
Membership	\$1 319 819
Total Expense	\$8 371 619



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Award Recipients



Norah and Joe Rubin Award

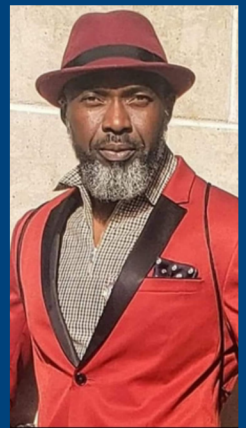
Tina Apfeld Rosenthal

This award recognizes Y members who take on important roles and provide service and leadership to the community. The recipients are regarded as having made an outstanding contribution in the past year while demonstrating sincere dedication and involvement with matters of importance to the Y.

Felicia and Arnold Aaron ABCD Award

Ebohon Idonije

This award is given to an active member who has done outstanding work related to a specific singular achievement or to a series of cumulative work related to a particular topic. The recipient demonstrates concern and involvement with matters of importance to the Y, and had success with implementing a project or program.



Ida Rudy Memorial Support Staff Award

Mireille Palaysi

This award recognizes an employee who, through his/her professionalism, is a role model for the organization's brand and values. The recipient provides exceptional customer service and contributes positively to the work environment.



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Award Recipients



Lori Stein Memorial Staff Award

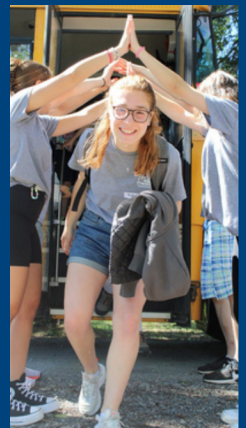
Catherine Iannarone

This award recognizes an employee who demonstrates exceptional leadership skills and commitment to the organization's overall mission. The recipient is nominated for being a team player and often going above and beyond to help others.

Harry Bronfman YCC Staff of the Year Award

Rudy Grief

This award is presented to a YCC staff member who contributes to the ongoing legacy of delivering wonderful camp experiences, who leads by example, and who consistently helps to instill positive values in today's Jewish youth.



Jean Beliveau Athlete of the Year Award

Sophia Bechard

Each year, the Y recognizes a fulltime student athlete for their outstanding athletic achievements in Y programming. The recipient receives a \$500 scholarship towards their education after showing prowess in their sport, age group and level. Sophia's name will be inscribed on the Jean Beliveau trophy, exhibited in the Jack Engels display case at the Y. The Jean Beliveau Athlete of the Year Award is made possible by the Henry and Berenice Kaufmann Foundation.



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Thank you to our Supporters

Governors

The Y Governors are heroes: they ensure that the less fortunate of our community have a place to gather and be, and enjoy all our programs and services, independent of financial circumstances. They build and impact our community.

Life Gold Governors

Jack Gitlitz Z"L
Rena & Larry Katz Z"L
David Oberman
Reevin Pearl
Thelma & Nat Rappaport Z"L
Ben Schwam Z"L

Life Governors

Lavy Becker Z"L
Max Coblentz Z"L
Cohen & Manton Family
Howard Cooper Z"L
Jack Engels Z"L
Sari Nadler Z"L
Syd Ross
Morris Schwartz Z"L
Morris Shore, C.A.

Chai Governor

Michael Flinker
Marvin Rosenbloom

Gold Governors

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Rickey Blatt
Michael Frankel
Doreen Green
Albert Greenspoon
Stanley Kivenko
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Ida Pencer
George Reinitz
Jeffrey Segel
Gary D. Shapiro
Manya Stendel
Irwin Tauben
Murray Waxman Z"L
Jonathan Wener
Morty White

Governors

Anonymous
Dr. Edward Adelson
Marilyn Avrith
Charles Benjamin
Hyman Bloom
Joan Bloom
Michael Blumenstein
Michael Caplan
Rhoda Chankowsky
Sol Chankowsky
Alice Cohen
David Cohen
The Leonard and Alice Cohen
Family Foundation
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Pearl Cooper
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Trudy Cusmariu
Marilyn Edelstein
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Linda Feldman
Solly Feldman
Lynn Garfinkle-Etinson
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Colette Golden
Shirley Goldfarb
Annette Goldman
Lionel Goldman
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Philip Greenberg
Marlene Halpert
Elaine Harris
Linda Hazen-Yanow

Armand Kessous
Jack Kivenko
Jack Klam
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Rhoda Vineberg
Richard Vineberg
Robert Vineberg
Barbara Wagner
Maurice Wechsler
Barbara Wenger
Sylvia Wenger
Stephen P. Yanow
Kenneth Zakuta
Barbara Zukor



Thank you to our Supporters

Life and Legacy

The Y is dedicated to deepening and reinforcing our roots for a strong community today and tomorrow by building endowments and after lifetime giving. These gifts are about the journey we take together, the lives we can touch and change for the better, and the continuity of our community.

The Felicia & Arnold
Aaron Foundation
Tina Apfeld & Martin
Rosenthal and family
Irene Bass & Michael Frankel
Aaron Ben Shabat
Norman Bercovitch
Claire Berger & Alvin Fagen
and Family
Howard Berish
Jeff Bicher
Brenda Bronia Stermer
David J. Cape
In memory of Nathan
& John Dlusy
Andrea Engels
Alvin Fagen
Robert Fainer
Naomi Faraj
Liane Feldman & Hillel Rosen

Corey Geenen
Brian Z. Gelfand
Gloria & Joseph Gilbert
The Morris & Rosalind Goodman
Family Foundation
Jonathan Ross Goodman
Doreen Green
Sam & Aviva Greenberg
Michael & Valerie Grodinsky
Louis Grossbaum
Susan & Robert Heckler
Jeffrey Kadanoff
Phyllis & Ian Z"L Karper & Family
Helen Kornreich Charitable Fund
Charlie Katz
Tara Kaufman
Nathalie Klepatch
Estate Helen Kornreich
Abbey Kreisman

Dayna Lapkovsky
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Hillel Rosen
Andrea Daniels Rosenbloom
Marvin Rosenbloom
Scott Rozansky
Joshua Rubin
Richard (Rick) Rubin
Victor Salem
Roy Salomon
Jillian & Carl Schlesinger
Joey Schreter
Manuel Shacter
Brenda Stermer
Marion & Hyman Tannenbaum
Irwin Tauben
Jeannette & Ziki Zaffir
Anonymous Donors

As of November 3, 2023

LIFE & LEGACY®

Assuring JEWISH TOMORROWS

A program of the **HAROLD GRINSPOON FOUNDATION**

Harold Grinspoon
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**THE JEWISH
COMMUNITY
FOUNDATION
OF MONTREAL**
Where smart philanthropy starts™



Board of Directors 2022-2023

Rob Fainer, Chair of the Board

Shari Haimovitz, Chair of the Executive Committee and Vice-Chair of the Board

Lonn Shulkin, Chair of Governance

Corey Geenen, Chair of Budget and Finance

Tina Apfeld Rosenthal, Immediate Past Chair of the Board

Sophie Abergel, Katherine Aguilon, Ariel Dayan-Medalsy, Carl Schlesinger, David Cape, Dayna Lapkovsky, Jeffrey Kadanoff, Jonathan Goodman, Michael Grodinsky, Naomi Faraj, Robert Ralph, Scott Rozansky, Ziki Zaffir

Jeff Bicher, Chief Executive Officer



OUR VALUES

Commitment to Community (Kehila)

Preserving Jewish Tradition, Identity and Culture (Massoret Yehudit)

Belonging and Inclusion (Koulanu Yachad)

Health and Wellness (B'riyut)



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