



# HELP OUT

## **Donate Supplies**

Federation CJA is actively collecting items that will be directly delivered to IDF soldiers and displaced families in Israel. To see the list of required items, drop-off times, and locations, please visit the [Jlive page](#). We kindly request that all donations be new, unopened, and match the items listed on the page.

For real-time updates on drop-off locations and the items currently needed, follow on [Instagram](#), [Facebook](#), and [Jlive](#).

## **Donate the the Israel Emergency Fund**

Federation CJA and its global partners are currently focused on supporting the immediate needs that have emerged since the war began. Your gift to our communities Israel Emergency Fund will be invested immediately in the organizations, programs, and equipment that are needed to save Israeli lives, right now and in the future.

For more information about funds allocation, please visit [Where Your Support Goes](#).

Federation CJA is absorbing all administrative and operational costs and is dedicated to ensuring that 100% of donations to the Israel Emergency Fund aids those devastated by the war.

## **Donate your time to make cards for our IDF soldiers**

Your words can make a world of difference. Bring comfort to our IDF soldiers so they feel the outpouring of love and support from our Montreal Jewish community through Federation CJA's Cards for Caring project. It's easy and can be done in a few simple steps: Take a few minutes to write a message of hope, care, and love to our Israeli soldiers and drop them off at one of our locations. Messages will be included in care packages delivered by Federation CJA to Israel. Please help us show them they are not alone!

[Click here to view FCJA guide for writing messages and templates for drawings to send to IDF soldiers.](#)

[Submit your letter here](#), and our team will print your message, or submit a drawing or letter digitally by posting it to social media and tagging @FederationCJA #MTLcardsforcaring.