



Heures d'ouverture de la piscine Pool Hours

Dimanche Sunday	Lundi Monday	Mardi Tuesday	Mercredi Wednesday	Jeudi Thursday	Vendredi Friday	Samedi Saturday
Bain libre/Longueurs (5 voies) 8h00 - 9h00 Open Swim/Lap Swim (5 lanes) 8:00AM - 9:00AM	Longueurs (8 voies) 6h30 - 8h45 Lap Swim (8 lanes) 6:30AM - 8:45AM	Longueurs (8 voies) 6h30 - 8h45 Lap Swim (8 lanes) 6:30AM - 8:45AM	Longueurs (8 voies) 6h30 - 8h15 Lap Swim 6:30AM - 8:15AM	Longueurs (8 voies) 6h30 - 8h45 Lap Swim (8 lanes) 6:30AM - 8:45AM	Longueurs (8 voies) 6h30 - 8h45 Lap Swim (8 lanes) 6:30AM - 8:45AM	Bain libre/Longueurs (5 voies) 8h00 - 9h00 Open Swim/Lap Swim (5 lanes) 8:00AM - 9:00AM
	Bain libre/Longueurs (1 voie) 9h00 - 13h00 Open Swim/Lap Swim (1 lane) 9:00AM - 1:00PM	Longueurs (4 voies) 9h00 - 12h00 Lap Swim (4 lanes) 9:00AM - 12:00PM	Longueurs (4 voies) 9h00 - 11h30 Lap Swim (4 lanes) 9:00AM - 11:30AM	Femmes seulement 8h30 - 9h25 Women's Only 8:30AM - 9:25AM	Longueurs (4 voies) 9h00 - 11h30 Lap Swim (4 lanes) 9:00AM - 11:30AM	
Bain libre/Longueurs 12h00 - 12h55 Open Swim/Lap Swim 12:00PM - 12:55PM		Bain libre/Longueurs 11h30 - 12h55 Open Swim/Lap Swim 11:30AM - 12:55PM	Longueurs (4 voies) 9h30 - 11h30 Lap Swim (4 lanes) 9:30AM - 11:30AM	Femmes seulement 10h30 - 11h25 Women's Only 10:30AM - 11:25AM		Bain libre/Longueurs 11h30 - 12h55 Open Swim/Lap Swim 11:30AM - 12:55PM
Bain libre/Longueurs (3 voies) 13h00 - 15h10 Open Swim/Lap Swim (3 lanes) 1:00PM - 3:10PM						Bain libre/Longueurs (3 voies) 13h00 - 16h55 Open Swim/Lap Swim (3 lanes) 1:00PM - 4:55PM
Femmes seulement 15h15 - 16h45 Women's Only 3:15PM - 4:45PM	Longueurs (2 voies) 16h00 - 18h55 Lap Swim (2 lanes) 4:00PM - 6:55PM	Bain libre/Longueurs (2 voies) 16h00 - 18h55 Open Swim/Lap Swim (2 lanes) 4:00PM - 6:55PM	Longueurs (2 voies) 16h00 - 18h55 Lap Swim (2 lanes) 4:00PM - 6:55PM	Bain libre/Longueurs (2 voies) 16h00 - 18h55 Open Swim/Lap Swim (2 lanes) 4:00PM - 6:55PM		
	Femmes seulement 19h00 - 20h30 Women's Only 7:00PM - 8:30PM	Hommes seulement 19h00 - 20h30 Men's Only 7:00PM - 8:30PM	Femmes seulement 19h00 - 20h30 Women's Only 7:00PM - 8:30PM	Hommes seulement 19h00 - 20h30 Men's Only 7:00PM - 8:30PM		

Heures d'ouverture de la piscine - Pool Hours

Aqua Fitness

	9h00 - 9h55 9:00AM - 9:55AM Olga	9h00 - 9h55 9:00AM - 9:55AM Nadia	Femmes seulement 8h30 - 9h25 Women's Only 8:30AM - 9:25AM Gracia	9h00 - 9h55 9:00AM - 9:55AM Nadia	
		10h30 - 11h25 10:30AM - 11:25AM Kevin			Femmes seulement 10h30 - 11h25 Women's Only 10:30AM - 11:25AM Olga

Veillez noter que les procédures de la piscine exigent que le sauveteur en service donne le coup de sifflet final 15 minutes avant la fermeture de la piscine. Personne n'est autorisé à entrer dans la piscine après 12h50. Les lundis, mardis, jeudis et vendredis, les lignes d'eau seront retirées à 8h45. Cet horaire est susceptible d'être modifié sans préavis. Veuillez noter que diverses activités se déroulent en permanence dans la piscine, ce qui peut limiter certains couloirs et l'espace de la piscine sans préavis.

Please note that pool procedures requires the lifeguard on duty to blow the final whistle 15 minutes before the closing of the pool. No one is allowed to enter the pool after 12:50PM. Monday, Tuesday, Thursday and Friday, lane ropes will be removed at 8:45AM. This schedule is subject to change without notice. Please note that there are various activities going on in the pool at all times which may limit some lanes and pool space without prior notice.